

# Increasing Viability of Small and Medium-Scale Growers



## The Collegiate Market

This project is supported by the National Research Initiative of the USDA Cooperative State Research, Education and Extension Service, grant number 2006-55618-17015

# Project Directors

**Shermain Hardesty**, Extension Economist, University of California, Davis

**Patricia Allen**, Center for Agroecology and Sustainable Food Systems, University of California, Santa Cruz

# Project Partners

University of California, Sustainable Agriculture Research and Education Program

Community Alliance with Family Farmers

*Welcome to*

# FARM TO COLLEGE NIGHT

Wednesday, October 25



*A Festive Meal at UC Davis featuring  
the Diversity of Foods that are Locally Grown*

## **Country Natural Beef**

*~Grass fed and grilled Flat Iron Steak with Arugula Pesto,  
Sweet Potatoes, Green & Yellow Wax Beans with toasted Almonds.~*

## **Cracked Pepper Fettuccini**

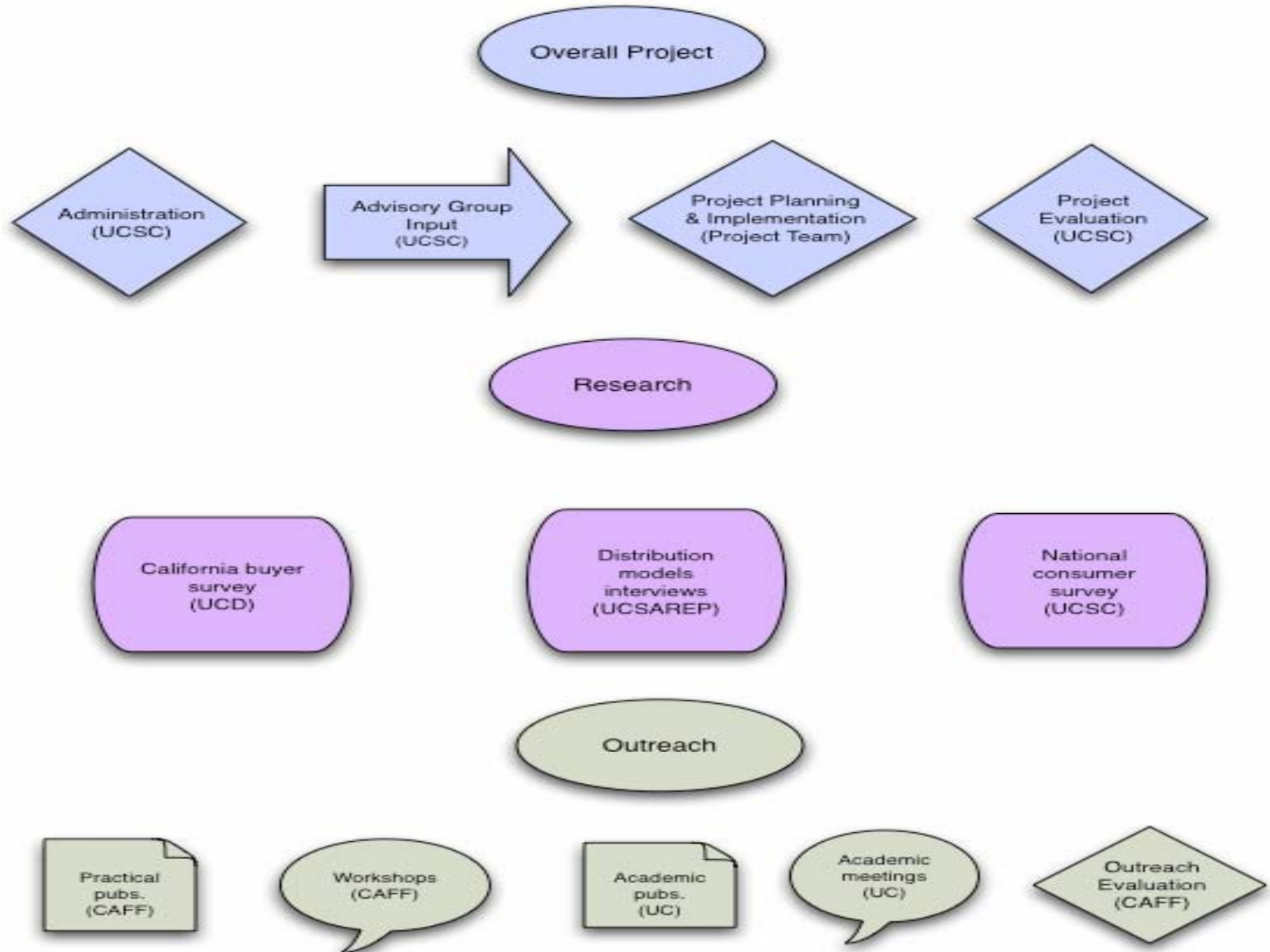
*~with mixed Mushrooms, caramelized Onions and Arugula  
tossed in Alfredo Sauce with fine Herbs~*

## **Free-range Roasted Thyme Chicken**

*~served on a bed of Brussel Sprouts  
tossed with Apple, Turnips, Bacon & Butternut Squash~*

*In addition, a variety of culinary dishes featuring  
fresh, locally grown foods*

USDA NRI FARM-TO-INSTITUTION PROJECT



# The Consumer

## Perspective: Purpose

**To analyze college student potential for support of farm-to-college efforts**

- Do students want their college to provide sustainably produced food?
- What are people willing to purchase?

**Identify ways to meet education needs and promote farm-to-college efforts on campus.**

- How do they define ‘sustainably produced food’ and ‘local’?
- What food system topics hold the most interest?

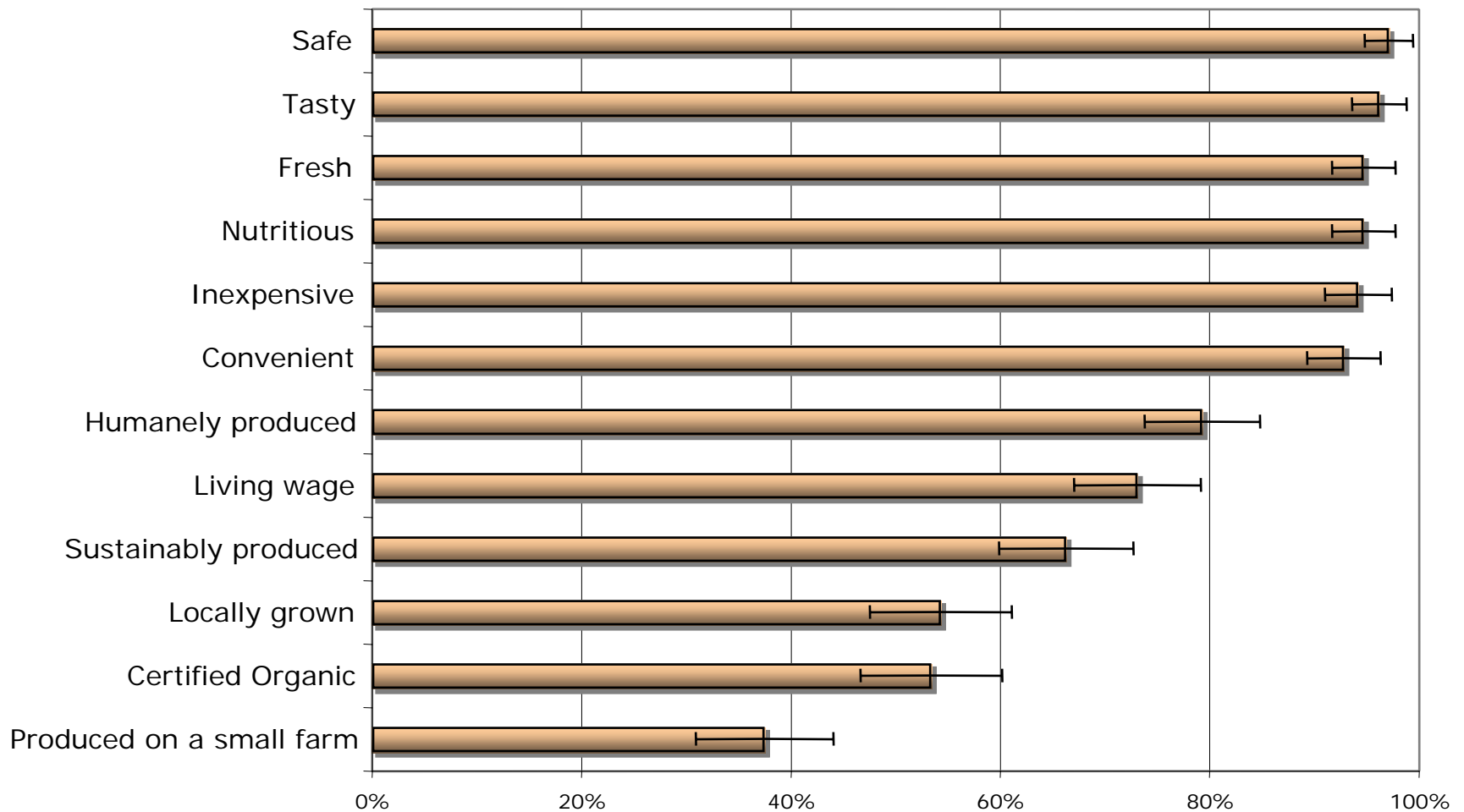
# Approach

- Self-administered mail survey
- Random sample:
  - 1000 college students in U.S.
  - 1000 college students in California
- Modified Dillman method -
  - 4 contacts
  - \$1 incentive
- Response Rate:
  - Approximately between 22% and 28% due to significant number of responses from non-students

# Student Characteristics

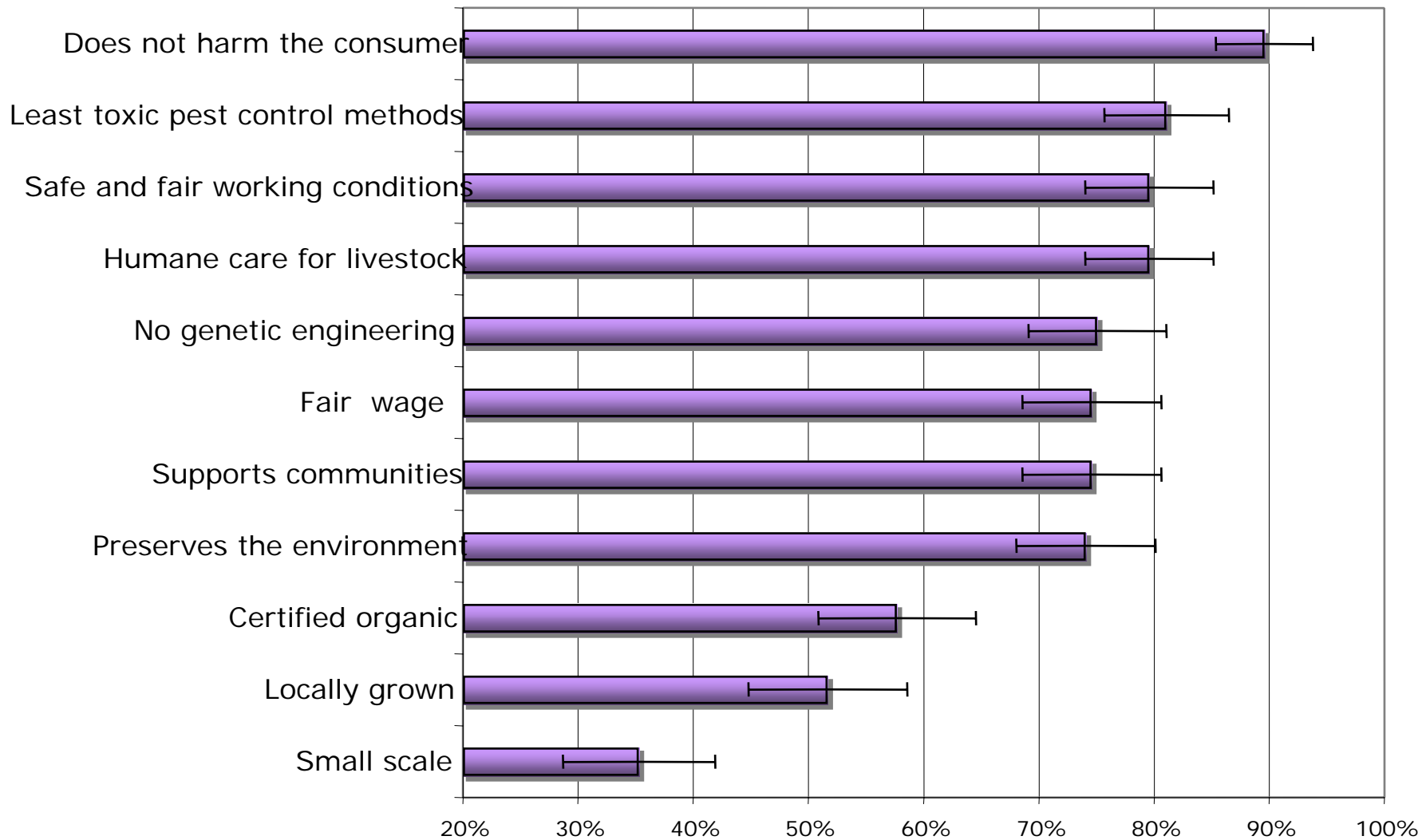
|                       | Survey Sample |            |
|-----------------------|---------------|------------|
|                       | n             | %          |
| <b>Meal Plan</b>      |               |            |
| Yes                   | 21            | <b>10%</b> |
| No                    | 181           | <b>84%</b> |
| Don't Know            | 12            | <b>6%</b>  |
| <b>Eat on Campus</b>  |               |            |
| Yes                   | 167           | <b>77%</b> |
| No                    | 47            | <b>22%</b> |
| <b>Year in School</b> |               |            |
| Freshman              | 23            | <b>11%</b> |
| Sophomore             | 52            | <b>24%</b> |
| Junior                | 55            | <b>26%</b> |
| Senior                | 48            | <b>22%</b> |
| Graduate              | 33            | <b>15%</b> |

# Food qualities students want their college to provide

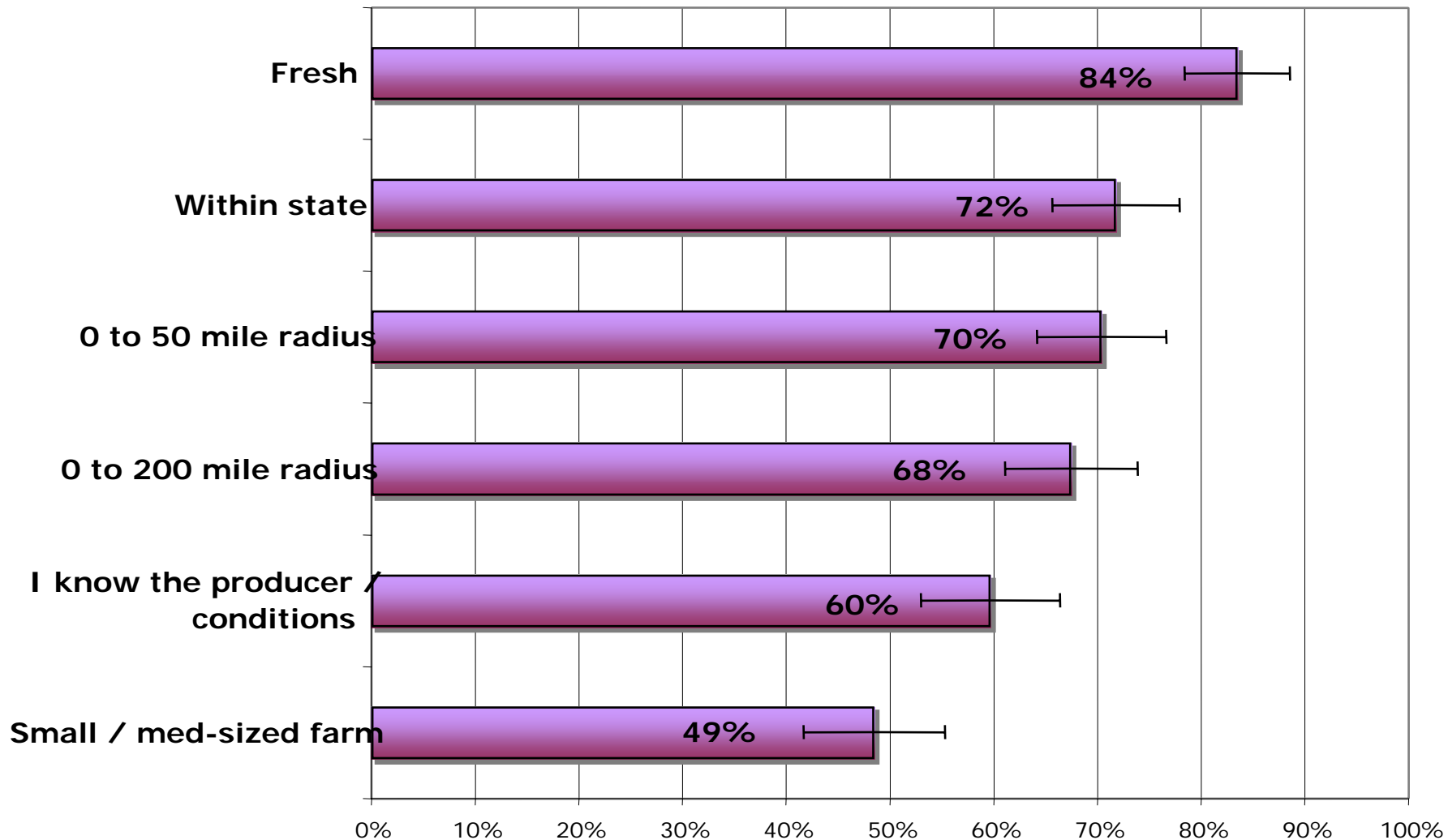




# How students define *'sustainably produced food'*



# How students define 'local'



# Next Steps

- Perform weighted analysis
- Identify who is most interested in different sustainability related qualities

# Collegiate Food Service Buyers

## Research Purpose

- Analyze the produce buying practices and preferences of food service operations at colleges, universities and teaching hospitals in California
- Measure market potential and identify factors constraining demand for produce that is grown locally, sustainably and/or by small- and mid-scale producers

# Approach

- Phone interviews with produce buyers at colleges, universities & teaching hospitals in California
  - 2 year & 4 year schools
  - Public & private
- Obtained names from NACUFS membership
- Supplemented with public listings

# Transaction Costs of Buying Locally Grown Produce

- Information Costs
  - Relative ease of finding new suppliers—growers or distributors
  - Relative ease of getting information about product availability
  - Importance of year-round availability of key items that are locally grown
  - Importance of availability of locally grown precut products
  - Importance of stable prices for locally grown produce

# Transaction Costs of Buying Locally Grown Produce

- **Negotiation Costs**

- Relative ease of placing orders with vendors
- Importance of sourcing locally grown produce from primary produce vendor
- Importance of having broad range of locally grown produce available from a single vendor

- **Monitoring Costs**

- Importance of reliability in receiving ordered locally grown items
- Importance of compliance with institution's purchasing regulations & policies
- Relative ease of resolving problem deliveries

# Definitions of Sustainably Produced

- Using compost
- Keep local farmers in business, lower fuel usage, organic
- Grown in such a way that does not deplete the land
- Grown using crop rotations, protecting the environment, paying living wages, organic
- Grown to maximize shelf life



# Definitions of Local

- Same county
- 30-200 mile radius
- Grown in California

# PRELIMINARY Findings

- 78 completed interviews
- Mix of self-operated and contracted food service
- Most buy produce from a produce distributor, some supplement through broadliner
- Many require vendors to provide documentation of different forms of liability insurance

# PRELIMINARY Findings

- Maximum volume from specialized supplier of local produce is 25%
- About 25% have local buying program while 15% are developing one
- Buy local produce from produce distributor, growers collaborative, campus farm and/or farmers' market

# PRELIMINARY Findings

- “Local” & “sustainably produced” are more important criteria than organic
- When seeking a supplier for locally grown produce, stable prices and broad product selection are more important than year-round supply of key items

# PRELIMINARY Findings

- Most willing to pay ~20% premium for some organic, sustainably produced or locally grown produce
  - Often limited to catering events or special student meals
  - ~33% won't pay any premium
- Highest average premiums for organic, sustainably grown and “paying living wage to farmworkers”
- Lowest average premium for “grown by small or medium sized farm”

# PRELIMINARY Findings

- ~67% interested in locally produced dairy products—many already buying
- ~33% interested in locally produced meat & poultry, and shelf-stable products
- Feel need to educate students about sustainably produced & locally grown

# Quotable Quotes

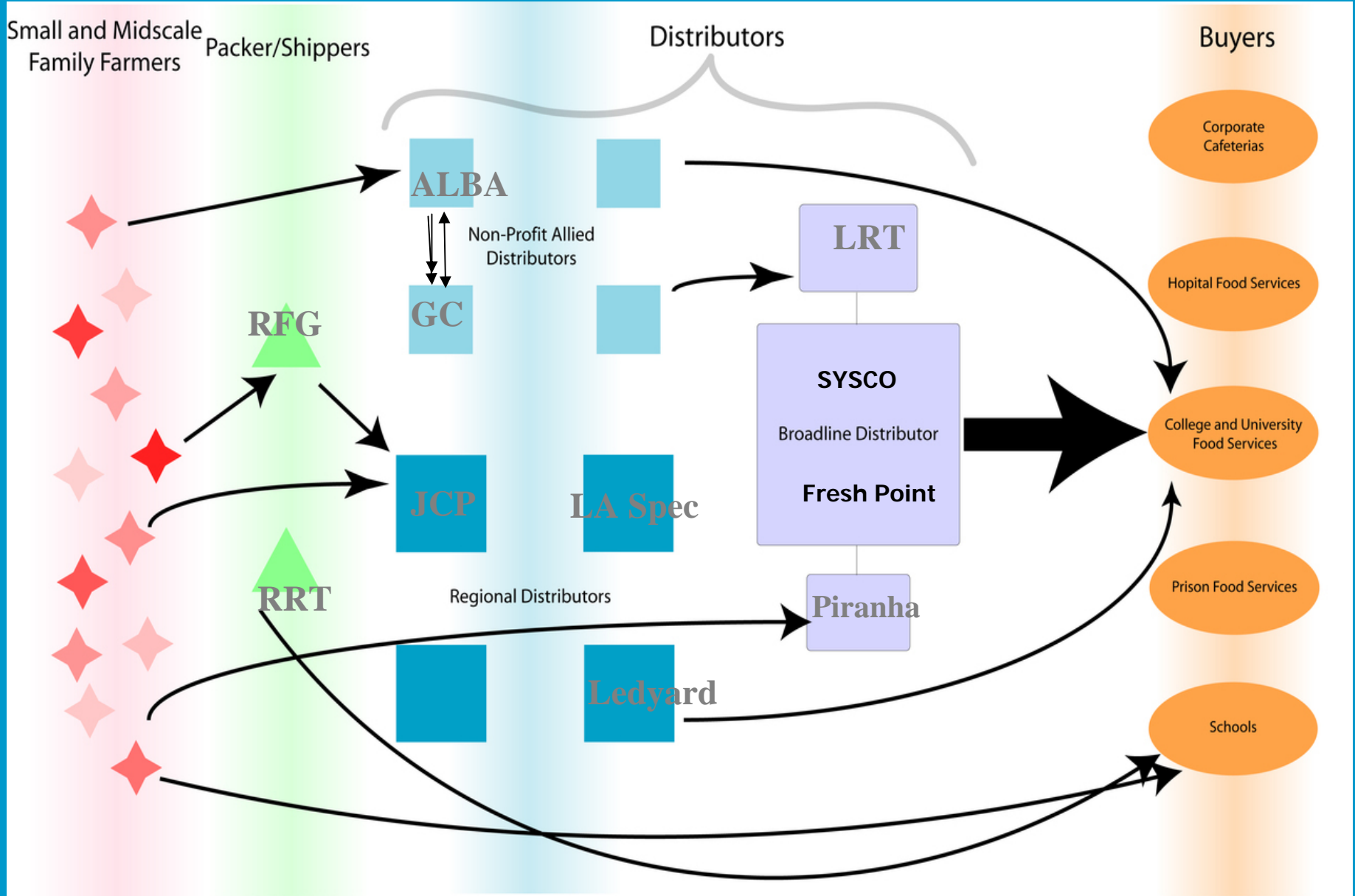
- *“I know that I buy a lot of locally grown produce, but it isn’t labeled as local”*
- *“I need one-stop shopping, such as a small farmers cooperative”*
- *It is difficult to find cost effective ways of buying locally grown produce”*
- *“Our students don’t have much disposable income—we have to be very price conscious”*

# From farmer to buyer: Distribution Systems

- Describe conventional and alternative distribution models
- Identify factors associated with successful and sustainable arrangements



# Distribution Models



# Preliminary Results from Buyers:

- Ave % of food budget for produce: 15%
- Ave % local purchases: 15%
- Ave \$\$ local purchases: \$75,000/yr.

# Preliminary Results from Buyers: Motivations for Change

- Mostly *not* from student demand
- Education is key
  - Professional organizations (NACUFS)
  - Farm-to-College movement
  - Employer (BAMCO)
  - Farmers, distributors

# Preliminary feedback: What makes it work?

- **Relationships**—getting to know each other; seeing each others' work
  - “Integrity is the most important quality.”
  - Partnerships are key.
- **Education** and two-way **communication** are crucial for success
  - Back and forth along the chain
- **Commitment**, persistence and patience—**time** to work out the kinks

# Farmers' Sales To Colleges

- **Average < 2% of income**
- **Average ~ \$6,920/year**
  - Can reach \$1,000/week in peak season (but not all year long)

# Challenges To Growers

- So far—limited market, not a huge economic advantage
- Adjusting seasonal cycles to colleges' needs for product
- Adapting to volume and processing needs
- Distribution systems